



2021 Year End Update Celebrating victory for widows!

Dear Justice Partner's

First, I want to say thank you for your generosity this past year! Because of your partnership with MAJ, year to date **320 Rwandan women** have a new lease on life, they have completed their **Enhanced Resilience Training™**. Next week another 40 women will receive the same training (so total of 360 YTD) thanks to the students, family and friends of KMA with their Breaking Boards event that hit its goal of \$5000.

Our pledge for Project Rusizi Resilience was to train 420 women this year. At the time of this letter, we need about \$14,000 to complete this ground breaking project. MAJ is committed to this completion so please share this letter with anyone you know who might want to become a Justice Partner. The goal is to complete the project including evaluations so we can do a full assessment and plan next steps.

The goal of Martial Arts for Justice is to protect vulnerable people from violence and oppression anywhere in the world. MAJ is set to work both in Canada and overseas, but we recognize to be successful we need good local partners in countries and communities where we will work. We have been blessed with just such a partnership in Rwanda with Avega Agahozo, the Rwanda Genocide Widows Association. They are comprised of 18,000 members and a medium-term goal of mine is to deliver ERT to everyone of those members. You can also imagine the value of not only giving these women new life free of trauma and its symptoms, but their health has a huge positive effect on their entire families. You might be interested to know that **Agahozo**, in Rwandan means "where I go to dry my tears". We are blessed to be a key part of their healing process and we do hear these testimonies always at the training sessions, comments like "I just had the best sleep of my life, my pain or headache is gone after 25 years, we feel like young babies" ... this is what you help to bring about through your support. **The faces in this photo from a typical training session in June 2021 say it all.**



I welcome your messages, questions and keeping in touch with me anytime. Please make sure we have all your key contact info and you are on our newsletter list.

To watch videos go to the MAJ website www.martialartsforjustice.org or to donate directly on line go to <https://martialartsforjustice.org/donate-form/> or contact me directly at dean@martialartsforjustice.org and snail mail at **111 McDonald Dr. Nelson BC V1L 6B9**

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